

Performa : Hindu College of Pharmacy				
Lesson Plan				
Name of the faculty		Mr. Naveen		
Discipline		Pharmacy		
Semester/year		Diploma 1 <sup>st</sup> Year		
Subject		Health Education and Community Pharmacy		
Lesson plan Duration		25 weeks (August 2019 to April 2020)		
Work Load/week (hrs)		Lecture- 03; Practical- NA		
Week	Theory		Practical	
	Lecture	Topic	Practical	
1 <sup>st</sup> ( Aug. 2 <sup>nd</sup> week)	1 <sup>st</sup>	Concept of health	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Components of health	2 <sup>nd</sup> (Batch B)	
2 <sup>nd</sup> (Aug. 3 <sup>rd</sup> week)	1 <sup>st</sup>	Indicators and determinants of health	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Concept of disease	2 <sup>nd</sup> (Batch B)	
3 <sup>rd</sup> (Aug.4 <sup>th</sup> week)	1 <sup>st</sup>	Disease causing agents and prevention of disease	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	First aids measures	2 <sup>nd</sup> (Batch B)	
4 <sup>th</sup> (Aug.5 <sup>th</sup> week)	1 <sup>st</sup>	First aids measures	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Elements of minor surgery and dressings	2 <sup>nd</sup> (Batch B)	
5 <sup>th</sup> ( Sept. 1 <sup>st</sup> week)	1 <sup>st</sup>	CPR	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Fundamentals of communicable diseases	2 <sup>nd</sup> (Batch B)	
6 <sup>th</sup> (Sept. 2 <sup>nd</sup> week)	1 <sup>st</sup>	Respiratory infections	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Respiratory infections	2 <sup>nd</sup> (Batch B)	
7 <sup>th</sup> (Sept. 3 <sup>rd</sup> Week)	1 <sup>st</sup>	Intestinal infections	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Intestinal infections	2 <sup>nd</sup> (Batch B)	
8 <sup>th</sup> (Sept. 4 <sup>th</sup> Week)	1 <sup>st</sup>	Arthropod borne diseases	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Surface infections	2 <sup>nd</sup> (Batch B)	
9 <sup>th</sup> (Oct. 3 <sup>rd</sup> Week)	1 <sup>st</sup>	STDs	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Demography and demographic cycle	2 <sup>nd</sup> (Batch B)	
10 <sup>th</sup> (Nov. 2 <sup>nd</sup> Week)	1 <sup>st</sup>	Concept of family planning	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Temporary methods of contraception	2 <sup>nd</sup> (Batch B)	
11 <sup>th</sup> (Nov. 3 <sup>rd</sup> Week)	1 <sup>st</sup>	IUD's	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Permanent methods of contraception	2 <sup>nd</sup> (Batch B)	
12 <sup>th</sup> (Nov. 4 <sup>th</sup> Week)	1 <sup>st</sup>	Fundamentals of non-communicable disease	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Cancer	2 <sup>nd</sup> (Batch B)	
13 <sup>th</sup> (Nov.5 <sup>th</sup> Week)	1 <sup>st</sup>	Diabetes and Blindness	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Cardiovascular diseases	2 <sup>nd</sup> (Batch B)	
14 <sup>th</sup> (Dec 1 <sup>st</sup> Week)	1 <sup>st</sup>	Concept of epidemiology	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Dynamics of disease transmission	2 <sup>nd</sup> (Batch B)	
15 <sup>th</sup> (Dec 2 <sup>nd</sup> Week)	1 <sup>st</sup>	Immunity	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Immunization and immunological products	2 <sup>nd</sup> (Batch B)	
16 <sup>th</sup> (Dec 3 <sup>rd</sup> Week)	1 <sup>st</sup>	Principles of disease control & prevention	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Nosocomial diseases	2 <sup>nd</sup> (Batch B)	
17 <sup>th</sup> (Jan 2 <sup>nd</sup> Week)	1 <sup>st</sup>	Disinfections	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Sources of water supply	2 <sup>nd</sup> (Batch B)	
18 <sup>th</sup> (Jan 3 <sup>rd</sup> Week)	1 <sup>st</sup>	Water pollution	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Purification of water	2 <sup>nd</sup> (Batch B)	
19 <sup>th</sup> (Jan 4 <sup>th</sup> Week)	1 <sup>st</sup>	Health and water pollution	1 <sup>st</sup> (Batch A)	
	2 <sup>nd</sup>	Health and air pollution	2 <sup>nd</sup> (Batch B)	
20 <sup>th</sup> (Feb. 1 <sup>st</sup>	1 <sup>st</sup>	Health and light, noise pollution	1 <sup>st</sup> (Batch A)	

<b>Week)</b>	<b>2<sup>nd</sup></b>	Arthropod borne diseases	<b>2<sup>nd</sup> (Batch B)</b>	
<b>21<sup>st</sup>(Feb. 2<sup>nd</sup></b>	<b>1<sup>st</sup></b>	Rodents and animal borne diseases	<b>1<sup>st</sup> (Batch A)</b>	
<b>Week)</b>	<b>2<sup>nd</sup></b>	Fundamental principles of microbiology	<b>2<sup>nd</sup> (Batch B)</b>	
<b>22<sup>nd</sup> (Feb. 3<sup>rd</sup></b>	<b>1<sup>st</sup></b>	Bacteria	<b>1<sup>st</sup> (Batch A)</b>	
<b>Week)</b>	<b>2<sup>nd</sup></b>	Algae and Fungi	<b>2<sup>nd</sup> (Batch B)</b>	
<b>23<sup>rd</sup>(Mar. 2<sup>nd</sup></b>	<b>1<sup>st</sup></b>	Virus and Other microorganisms	<b>1<sup>st</sup> (Batch A)</b>	
<b>Week)</b>	<b>2<sup>nd</sup></b>	Isolation of microbes & staining techniques	<b>2<sup>nd</sup> (Batch B)</b>	
<b>24<sup>th</sup>(Mar. 3<sup>rd</sup></b>	<b>1<sup>st</sup></b>	Gram and other differential staining	<b>1<sup>st</sup> (Batch A)</b>	
<b>Week)</b>	<b>2<sup>nd</sup></b>	Concept of nutrition, components and functions of food	<b>2<sup>nd</sup> (Batch B)</b>	
<b>25<sup>th</sup> (April. 2<sup>nd</sup></b>	<b>1<sup>st</sup></b>	Deficiency disorders and their prevention	<b>1<sup>st</sup> (Batch A)</b>	
<b>Week)</b>	<b>2<sup>nd</sup></b>	Balance diet	<b>2<sup>nd</sup> (Batch B)</b>	